

# -FREE MEALS-



We participate in the Community Eligibility Provision (CEP), which means that ALL students in our school will receive breakfast and lunch FREE OF CHARGE, regardless of income.

# **Questions about MEALS:**

## How does my child get breakfast?

Free breakfast is served from grab & go carts each morning as students enter the building at 3 locations; secondary front entrance, primary front entrance, and primary rear entrance. Breakfast from the carts is available from 7:45am until about 8:05am. Students arriving late may still get breakfast from the cafeteria after they have checked into their classroom until 9:30am.

## What if my child brings a lunch from home but is still hungry?

Your child may still get a FREE lunch from the cafeteria. For a free lunch, they must choose at least 3 components (one of which must be a fruit or vegetable). Main entrees count as 2 components (as they are always a grain and protein combo). There are many options to choose from. Some examples: full meals—cheeseburger, french fries and milk or PBJ and pears OR mini meals—milk, cheese stick and apple slices or pears, an orange and green beans. There are so many combinations!

## What can I do to reduce my child's anxiety about meals in school?

The best way to reduce anxiety about meal choices is to go over the menu daily with children and help them to understand their choices. Menus are located on our website and sent home monthly with elementary students. Students are required to take one serving of either a fruit or vegetable at every meal. If your child does not want the daily lunch special, they can always choose one of our other selections such as a peanut butter & jelly sandwich, bologna & cheese sandwich, fun lunch or a mini meal....

## My child has special dietary needs, how will they be met?

We are very concerned with keeping our students healthy and safe. Children with special dietary needs must submit a note from their licensed health care provider. The note must include the following: 1. Information about the issue that is sufficient enough to understand how it restricts the child's diet. 2. An explanation of what can be done to accommodate the issue and the food or foods to be omitted. 3. Recommended alternatives in case of a modified meal. If your child's needs require a more extensive preparation, a meeting will be set with the parent, school nurse and food service director.

# **Questions about STUDENTS MEAL ACCOUNTS:**

## What is a meal account?

All students at CLCS have a meal account. Meals received are recorded on their account. There is NO CHARGE for breakfast or lunch for any student this year regardless of income. Your child does not need money added to their account to get meals. However, students will need money added to their account to purchase extras, such as: second entrees, snacks, or drinks. Our system is a prepay system and will not allow charging of extras. Parents/guardians are encouraged to have their children use their meal accounts and not carry cash with them to the cafeteria.

## How do I deposit money on my child's meal account?

You can send in a check with your child or bring cash to any school office. Checks should be made out to CLCS Lunch. Cash/checks should be placed in an envelope with your child's name and ID number on it. One check can be used for multiple students. You may also pay by credit card online through MySchoolBucks.Com.

## Is my child's balance shown on MySchoolBucks always up-to-date?

Account information is uploaded periodically. Balances shown online may not show immediate transactions.

## If I do not have internet, how do I find out my child's meal account balance?

You may contact the cafeteria at any time for your child's balance by emailing jshearer@clake.org or calling 716-753-5824.

## What happens if my child graduates or moves out of the district?

If your child is no longer using our cafeteria services, you may request their account balance be transferred to another student at CLCS, transferred to an account for children in need, or refunded to you by our business office. At the end of every school year, the balance is carried over to September.

## Questions about MySchoolBucks.Com:

## What is MySchoolBucks.Com?

MySchoolBucks is a website/app that CLCS uses so parents/guardians have access to their child's meal account. This service is FREE\* to use. One parent account can manage all the students in the family. You can check balances, see what purchases were made, make payments (\*there is a small fee for making payments with a credit card online), set up automatic payments and set notifications.

## How do I enroll in MySchoolBucks.Com?

It's easy. Go to www.myschoolbucks.com or download the app on your phone. Click "Sign up today" and follow the directions. You will need to find our school, Chautauqua Lake Central School. You will also need your child's name, birthdate, and student ID number (available from your student's school office or the cafeteria). You may add all your children to one parent account. If you have any questions, please contact MySchoolBucks parent support at 855-832-5226.

## **Questions about Cafeteria Permission Forms:**

## Do I need to fill out a Cafeteria Permission Form this year?

NO. Because we are now participating in CEP, we will no longer require a permission form for your child for their meal account. It is easy. If you want your child to be able to buy extras, put money on their account. If you DO NOT want your child to buy extras, DO NOT put money on their account.

#### Will the form I fill out in years past still be used?

No. All past forms will be void.

## **Questions about Late Day Cafe:**

#### What is Late Day Café?

Our kitchen is open every day from 2:30-3:15 for students who stay after for sports, musical rehearsals, study sessions or other reasons. We offer healthy snack options and beverages for purchase. All food sold is smart snack approved and meets or exceeds school nutrition standards.

## Can my child use their meal account at Late Day Café?

Yes! Students are encouraged to use their prepay meal account to make transactions quick and easy.

# <u>Questions about the Optional Income Form:</u>

#### What is the CEP—Household Income Form?

We are asking families to help us by filling out a Household Income Form. Our state aid and other funding for our school is based on the number of qualifying free and reduced priced students. Because we are now CEP and no longer need the Free & Reduced Meal Application from families, we need another way of receiving this information. The form is available on our website, school offices and the cafeteria.

> Please contact Jennifer Shearer, FSD with questions or concerns—jshearer@clake.org or 716-753-5824