

Isolation & Quarantine Update

New Timeline for COVID Positive & COVID Exposure 1/5/22



The CDC, New York State DOH, and the Chautauqua County DOH provided new guidance for individuals who have either tested positive for COVID 19, or who have been identified as a close contact of a COVID positive individual.

This new guidance and timeline is effectively immediately.



Individuals who test positive for COVID-19

- must isolate for 5 days
- if symptoms are resolving, then the individual may return to school on day 6*

*Day 0 is the first day of symptom onset. If asymptomatic, day 0 is the day of the positive test.

These individuals must wear a well-fitting mask and maintain social distancing of at least 6 feet (including with students and colleagues) at all times upon return to school.



Individuals exposed to COVID-19 who are boosted OR have completed the primary Pfizer or Moderna vaccine series within the last 6 months OR have had COVID-19 in the last 90 days

- do not have to quarantine
- the booster must have been received at least 2 weeks before the first date of exposure
- if symptoms appear, testing is recommended on day 5

These individuals must wear a well-fitting mask and maintain social distancing of at least 6 feet (including with students and colleagues) at all times upon return to school.



All others

- must quarantine for 5 days (regardless of vaccination status if received more than 6 months ago)
- if symptoms appear, testing is recommended on day 5
- if no symptoms, the individual may return to school on day 6

Required documentation to return to school after five days

Complete the isolation or quarantine affirmation located on the Chautauqua County Department of Health's website:

<https://chqgov.com/public-health/cc-public-health-covid-19-isolation-and-quarantine-documents>

The affirmation documents noted above must be provided to our health office prior to return to school.

Please send these to our school nurses at the email addresses below:

Terry Smith, tsmith@clake.org
Michelle Holley, mholley@clake.org